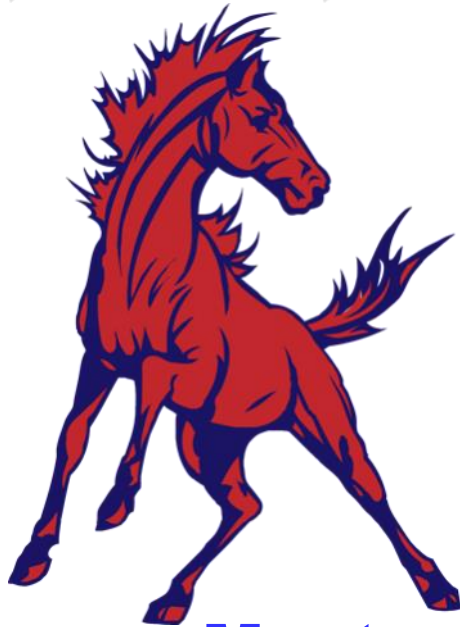


**THINGS TO DO**

**AFTER TWO**

**Clubs, Activities, and Sports**



**Once a Mustang,  
Always a Mustang**

**Triton Regional High School  
Home of the Mustangs**

## MUSIC ACTIVITIES

### PEP BAND (Fall)

**Advisor: Mr. Adams** [radams@bhprsd.org](mailto:radams@bhprsd.org)

This ensemble is all about creating an entertaining audio/visual experience. We utilize the latest technology and equipment, cutting-edge designs and current trends to create a unique type of entertainment. The group performs at all home football games and a few parades. Rehearsals begin in the summer on a flexible schedule which includes band camp, and continues through Thanksgiving. Community service hours are available for community events. Previous experience is not required.

### PERCUSSION ENSEMBLE. (Winter)

**Advisor: Mr. Adams** [radams@bhprsd.org](mailto:radams@bhprsd.org)

This group has won more multi-state championships more than any other high school in the Mid-Atlantic region. We utilize the latest technology and equipment. All events take place inside, and there is no marching. Competitions are on weekends and culminate with the Five–State Championship in Wildwood. It is open to all students, although auditions may be necessary to assess skill levels. There are no cuts! A commitment to the schedule is required. Rehearsals take place twice a week beginning in December and continue through May.

### INDOOR COLOR GUARD (Winter)

**Advisor: Kirstyn Heller**

This competitive ensemble is open to all students. Although not required, if you have had any training in dance, gymnastics, cheer-leading or theater, this ensemble is a great place for you. Rehearsals take place two times a week beginning in December and continue through May. Competitions are on weekends and culminate with the Five–State Championship in Wildwood. There are no auditions, but a commitment to the schedule is required.



## MUSIC ACTIVITIES

### CHOIR

**Advisor: Mrs. Cursi** [mcursi@bhprsd.org](mailto:mcursi@bhprsd.org)

**Meets: As needed and for dress rehearsals**

Choir is a club for students who enjoy singing. Students practice singing all types of music from various time periods in four part harmony. Choir meetings are spent rehearsing and practicing for Triton's Winter and Spring Concerts, as well as possible competitions. If you are interested in performance based singing, then Choir is for you!



### TRI-TONES

**Advisor: Mrs. Cursi** [mcursi@bhprsd.org](mailto:mcursi@bhprsd.org)

**Meets: As Needed during Mustang time and every Tuesday 2:10-4 & select Thursdays 2:10-3:30**

Tri-Tones is a club, open through audition, to all Choir members who are interested in more advanced and challenging singing. Both boys and girls are encouraged to tryout. Like Choir, the Tri-Tones rehearses and performs all types of music from all time periods in four-part harmony. Tri-Tones is a full-year activity which meets once a week in the choir room. Major activities include Winter and Spring concerts, performing at the Honor Society Induction Ceremony, a choral competition, the Memorial Day Service and singing at graduation. Students in Tri-Tones are eligible to audition for the All South Jersey Chorus and the New Jersey All State Chorus.

## CLASS ORGANIZATIONS

The class committees provide opportunities for students to prepare celebrations with their peers. There is a committee for each grade level and some activities include but are not limited to Spirit Week, Freshman/Sophomore dance, Proms, and Senior trip. The committees also organize fundraisers to assist with the cost of student activities.

### CLASS OF 2021

Co-Advisor: Ms. Parisi [aparisi@bhprsd.org](mailto:aparisi@bhprsd.org)

Co-Advisor: Mrs. Spaulding [sspaulding@bhprsd.org](mailto:sspaulding@bhprsd.org)

### CLASS OF 2022

Co-Advisor: Mrs. Moore [cmoore@bhprsd.org](mailto:cmoore@bhprsd.org)

Co-Advisor: Mrs. Nelson [snelson@bhprsd.org](mailto:snelson@bhprsd.org)

### CLASS OF 2023

Co-Advisor: Mrs. Fry [cfry@bhprsd.org](mailto:cfry@bhprsd.org)

Co-Advisor: Ms. DiGiambattista [rdigiambattista@bhprsd.org](mailto:rdigiambattista@bhprsd.org)

### CLASS OF 2024

Advisor: To be announced at freshman orientation in August  
Elections for class officers are held in October.

Meets: as needed during Mustang Time and after school.



# Class Officers

## DRAMA PROGRAM

### FALL/WINTER PRODUCTION

**Director: Mrs. DeCosta**

**[sdecosta@bhprsd.org](mailto:sdecosta@bhprsd.org)**

The fall/winter production is the first of three opportunities Triton students will have to learn about the world of performance art. Auditions for the fall/winter production are held and followed by rehearsals and a show. All students are welcome to audition. No experience is necessary.



### ONE ACT PLAYS

**Seniors, Juniors, Sophomores, Freshmen**

The One Act Plays provide an opportunity for students to perform on the stage. Four short plays are performed by students from the Freshmen, Sophomore, Junior, and Senior classes.



### SPRING MUSICAL THEATER PRODUCTION

**Director: Mrs. Krisch [bkrisch@bhprsd.org](mailto:bkrisch@bhprsd.org)**

**Wed. 2:30-5:30 (December-March), Some Saturdays**

The Musical Theater Production is an exciting experience where students have the opportunity to learn about the world of performance art. Auditions for the musical are held in December. Rehearsals begin in January. All students are welcome to audition. No experience is necessary. Students will rehearse two evenings a week and afternoons as scheduled. The production is performed over a three-day period in March.



## ACADEMIC CHALLENGE

**Advisor:** Mr. O'Neill [boneill@bhprsd.org](mailto:boneill@bhprsd.org)

**Meets:** After School in Winter

The purpose of the Academic Challenge

Team is to prepare for trivia competitions against 12 other schools.

The team starts preparing in December for questions ranging from science and math to history and current events. Competitions take place on Tuesdays and Thursdays from January to March. There are playoffs following the regular season.

**CHALLENGE  
ACCEPTED**



## AFRICAN AMERICAN CULTURE CLUB

**Advisor:** Stacey Kind [skind@bhprsd.org](mailto:skind@bhprsd.org)

**Meets:** Mustang Time and After School

The purpose of AACC is to invite students of all races to learn more about, celebrate, and embrace the history and culture of African Americans. Our club discusses important issues regarding our place in the Triton Community and provides a safe space for the open exchange of ideas. We welcome and invite new members to our club.

## ART CLUB– Fiber Arts and Illustration

**Advisor:** Mrs. Heckler [sheckler@bhprsd.org](mailto:sheckler@bhprsd.org)

**Meets:** Mustang Time and after school

The purpose of Art Club is to give students the extra opportunity to work with a variety of art mediums. These projects are for groups and individual students. Members have the chance to experience virtual art trips, community activities and specialized workshops during the meetings that take place 2-4 times a month. Leadership opportunities arise from the club-elected management board which organizes and coordinates student driven activities and membership.



## **STUDENT ATHLETIC TRAINER**

**Advisor: Ms. Pantaleo [rpantaleo@bhprsd.org](mailto:rpantaleo@bhprsd.org)**

**Meets: Monday-Friday after school**

The purpose of this club is to provide students with an interest in health careers, sports medicine and athletic training have an opportunity to learn more through hands-on experience and training. Through their training and responsibilities, the student trainers provide a link to the Athletic Trainer. Student trainers ensure that medical kits and ice are present at all practices and events. They may assist the trainer and coaches in the treatment of athletic injuries, help maintain a clean environment in the athletic training room and prepare water coolers for practices and events.



## **BUDDY CLUB**

**Advisors: Ms. Maimone [cmaimone@bhprsd.org](mailto:cmaimone@bhprsd.org)**

**Mrs. Cohen [mcohen@bhprsd.org](mailto:mcohen@bhprsd.org)**

**Meets: Once a month during Mustang Time and after school**

The purpose of Buddy Club is to foster friendship and communication between Triton's students with disabilities and their buddies. The club meets 1-2 times per month and often has friends from Highland and Timber Creek join. These events are designed to enable our students to enlarge their scope of friends and encourage them to positively interact with their peers. Fun activities are planned at each event such as games, crafts, movies, food, etc.



**BUDDY PROGRAM**

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## DECA

**Advisor: Mrs. Smart** [csmart@bhprsd.org](mailto:csmart@bhprsd.org)

**Meets: as needed after school and during Mustang Time**

Triton DECA provides students with the skills necessary to be successful in life and the business world. Triton DECA grants students opportunities to thrive within our chapter's atmosphere of strength, diversity, and collaboration.



## GAMING CLUB

**Advisor: Mr. Concannon** [toconcannon@bhprsd.org](mailto:toconcannon@bhprsd.org)

**Meets: As announced for tournaments**

Triton High School's Gaming Club allows students to bridge relationships with one another through collaborative, team-building electronic games. Through the use of gaming, students will collectively compete in challenges that encourage critical thinking and strategy while simultaneously reinforcing hand-eye coordination for the students involved. Triton's Gaming Club would challenge students with school-appropriate, team-building games that will provide them with an outlet of expression through an animated avatar and astonishing in-game scenarios.





### GAY STRAIGHT ALLIANCE

**Advisor: Ms. Omenson** [romenson@bhprsd.org](mailto:romenson@bhprsd.org)

**Meets: One Tuesday a month during Mustang Time**

Triton's Gay Straight Alliance is a school based group organized to end anti-gay bias and homophobia. GSA wants to create positive change in order ensure a safe and welcoming place for all students. We meet regularly to plan school projects and social events. Everyone is welcome to join.

### GIRLS ON FIRE

**Advisor: Ms. Curren** [ccurren@bhprsd.org](mailto:ccurren@bhprsd.org)

**Meets: As announced**

The purpose of GOF is to foster leadership in young women. Girls will improve their communication skills and learn how to improve their self-image. Our group works to ensure women build one another up instead of tearing each other down.



## **GREEN TEAM**

**Advisors: Mrs. Kind** [skind@bhprsd.org](mailto:skind@bhprsd.org)

**Mrs. Winch** [nwinch@bhprsd.org](mailto:nwinch@bhprsd.org)

**Meets: 2nd Thursday each month after school**

Our students participate in the green initiative of Triton and the entire Black Horse Pike Regional School District. We believe we play an important part in caring for our environment act as stewards of conservative environment practices in our schools and communities. The Green Team works to bring green programs, such as producing our own fruits and vegetables; together, we will learn to grow and care for plants through participation in community-enhancing activities.



## **HISTORY CLUB**

**Advisor: Mrs. Armstrong** [jarmstrong@bhprsd.org](mailto:jarmstrong@bhprsd.org)

**Meets: As announced**

The purpose of History Club is to encourage students to thoroughly explore historical events of their choosing during monthly meetings. History Club also sponsors and helps various activities throughout the school year. These activities include fundraisers, guest speakers, organizing special holiday programs and field trips.



## INTERACT CLUB

**Advisor: Mrs. Surynt** [msurynt@bhprsd.org](mailto:msurynt@bhprsd.org)

**Meets: 2nd Thursday during MT and 4<sup>th</sup>**

**Thursday after school**



Interact is a Rotary-sponsored service club for young people ages 14-18. The program gives young people an opportunity to participate in fun, meaningful service projects while developing leadership skills and meeting new friends through service activities. *INTERACTORS* learn the importance of Developing leadership skills and personal integrity; Demonstrating helpfulness and respect for others; Advancing international understanding and goodwill



## KEY CLUB

**Advisor: Mrs. Gucciardi** [sgucciardi@bhprsd.org](mailto:sgucciardi@bhprsd.org)

**Meets: As announced**

Key Club is a community service organization which works in conjunction with the Kiwanis Club of Gloucester Township. We are dedicated to helping those in need in our district as well as surrounding towns. Some examples of projects we conduct are assembling Thanksgiving baskets for needy district families, aiding in town events like the Blackwood Pumpkin Festival, and working with Triton students in The Buddy Program. This is a great activity for those interested in earning community service hours, meeting new people, and extending a hand to our fellow man. The Key Club established and maintains Triton's Care Closet.

## **LIGHTS AND SOUND CLUB**

**Advisor: Mr. Concannon**  
**toconcannon@bhprsd.org**

**Meets: 1<sup>st</sup> of every month after school**

The Triton Lights and Sound Club supports school assemblies, shows and other events that take place in the auditorium. Students learn how to control and maintain the lights and sound system for these events. Students will learn valuable skills related to audio engineering and sound production.



## **MUSTANG MEN**

**Advisor: Mr. McManis** **rmcmanis@bhprsd.org**

**Meets: As announced**

The purpose of Mustang Men is to foster leadership in young men. Male students will improve their communication skills and learn how to improve their self control. Our group works to ensure young men build up one another and maintain healthy relationships that lead to good decision making.



## **PEER MENTORING**

**Advisor: Mrs. Kohout** **pkohout@bhprsd.org**

**Meets: A days 2 times a month during Mustang Time**

Peer Mentoring is a program that pairs students with a student who will be positive influence on their lives. Students are recommended by teachers, parents, administration, and staff. Peer mentors are resource for students who can offer support, encouragement, and advice to struggling students. Peer Mentors pair with middle school students to foster relationships and facilitate a smooth transition from middle to high school.

## PHOTOGRAPHY CLUB

**Advisor: Ms. Omenson** [romenson@bhprsd.org](mailto:romenson@bhprsd.org)

**Meets: 1<sup>st</sup> and 3<sup>rd</sup> Thursday during Mustang Time**

The purpose of Photography Club is to give students the extra opportunity to work with and learn about cameras and digital design. Members often create posters and other works of art to hang up around Triton for various clubs and school events.



## S.A.D.D.

**Advisor: Mr. Borrero** [vborrero@bhprsd.org](mailto:vborrero@bhprsd.org)

**Meets: 2nd Tuesday of the month during Mustang Time**

The Triton chapter of Students Against

Destructive Decisions (S.A.D.D.) is a school-based organization dedicated to addressing the issues of underage drinking, impaired driving, drug use, and other destructive decisions and killers of young people. S.A.D.D.'s mission is to provide students with the best prevention and intervention tools possible to deal with the serious issues young adults are facing today. S.A.D.D. promotes a "no use" message for alcohol and other drugs and encourages students not to participate in activities with destructive consequences.



## SCIENCE CLUB

**Advisor: Mrs. Surynt** [msurynt@bhprsd.org](mailto:msurynt@bhprsd.org)

**Mrs. Kind** [skind@bhprsd.org](mailto:skind@bhprsd.org)

**Meets: As needed**

The purpose of Science Club is to grant students with an interest in science the opportunity to learn more about scientific endeavors. Students meet once or twice a month to conduct experiments and studies. Each meeting is highlighted with amazing creations and inventions.



## STRATEGY CLUB

**Advisor: Mr. Palma** [mpalma@bhprsd.org](mailto:mpalma@bhprsd.org)

**Meets: D-Days during Mustang Time**

The Strategy Club welcomes all students, regardless of experience, who are interested in playing and making strategy-based table-top games. Students will have opportunities to learn about the various games, play them with peers, create them, and participate in club based tournaments. This is the club for you whether you want to relax and play table-top games with your friends, or you want to prepare for outside local tournaments.



## STUDENT COUNCIL

**Advisor: Mr. Dacchille** [jdacchille@bhprsd.org](mailto:jdacchille@bhprsd.org)

**Ms. Curren** [ccurren@bhprsd.org](mailto:ccurren@bhprsd.org)

**Meets: 1st & 2nd Wednesday during MT, after school 2<sup>nd</sup> Wednesday**

The purpose of the TRHS Student Council is for students to take an active role in leading their school to be a place where their fellow students want to be every day. There are four objectives to the club: to act as a liaison between students and administration, to promote student involvement and Mustang pride, to provide students with recognition for achievement and accomplishments, and to provide hands on leadership training and experience for student council members. Student council members work in a system of committees: Orientation, Homecoming and Homecoming Dance, Recognition-Faculty, Support Staff and Students, Breakfast of Champions Outstanding Leaders, School Improvement Council, Community Service, Elections, Spirit/Pride Week and Fundraising.

## TECH CLUB

**Advisor: Mr. O'Donnell** [kodonnell@bhprsd.org](mailto:kodonnell@bhprsd.org)

**Meets: A Days during Mustang Time, 1<sup>st</sup> Thursday of each month**

Tech club provides services for the school and community by using the technology in the classroom. Students learn how to design and create projects using a laser engraver, a 3D printer, and a vinyl cutter. Students learn how to set up, use, and clean this high tech equipment properly.



## TECH SQUAD

**Advisor: Mr. Concannon** [toconcannon@bhprsd.org](mailto:toconcannon@bhprsd.org)

**Meets: Everyday during Mustang Time**

The purpose of this club is to assist building and repairing computers. Students will learn how to make minor repairs to laptops and computers. This is a new club geared to students interested in computer studies and computer related careers.

## TRITON DANCE COMPANY

**Advisor: Ms. McLay** [jmclay@bhprsd.org](mailto:jmclay@bhprsd.org)

**Meets: Tuesdays after school**

Triton Dance Company is the perfect opportunity to participate in dance even if the class does not fit into your schedule. The dancers in the dance company choreograph their own dance routines using modern techniques and music. The dance company performs their routines in front of the student body at sport Pep Rallies. This club also sponsors our annual Dancing With The Staff competition.



## **TRI-HIGH NEWS**

**Advisor: Mr. Reger** [rreger@bhprsd.org](mailto:rreger@bhprsd.org)

**Meets: Before School**

**Location: R-1/News Room**

The TRI-HIGH NEWS is a club that seeks to guide its members toward the broadcast and communications industry. This student-staffed morning program reports on school activities as well as important announcements from faculty and administration. While the show serves as a vehicle for disseminating information at our school, it has also proven to be a great training ground for our on-camera talent. Newscasters, sportscasters, DJ's, VJ's, directors and producers in television and radio are all needed to staff an expanding industry. Demands for these interesting, fascinating jobs are growing each day.



## **U.S. ARMY STAR CLUB**

**Advisor: Mr. Maitag** [mmaitag@bhprsd.org](mailto:mmaitag@bhprsd.org)

**Mr. Baumgartner** [rbaumgartner@bhprsd.org](mailto:rbaumgartner@bhprsd.org)

**Dr. Smith** [ssmith@bhprsd.org](mailto:ssmith@bhprsd.org))

**Meets: As needed during Mustang Time**

S.T.A.R. is a partnership between the high school and US Army created to leverage the expertise and resources of local US Army Soldiers to help

students develop skills that will enable and encourage them to take active roles in their own life, within their families, their school and community, with the ultimate goal of graduating high school and creating enriching postsecondary options.





## WORLD LANGUAGE CLUB

**Advisor: Mr. Borrero** [vborrero@bhprsd.org](mailto:vborrero@bhprsd.org)

**Meets: 2nd Wednesday Monthly during**

**Mustang Time**

The purpose of the World Culture Club is to provide students with the opportunity to expand their knowledge of different cultures. WCC explore various aspects of different cultures, from food and popular holiday celebrations to music and dancing. Activities include regular meetings, dining, museum tours, community service, movies and lots of fun.



## VEGAN/VEGETARIAN CLUB

**Advisor: Ms. Welch** [hwelch@bhprsd](mailto:hwelch@bhprsd)

**Mrs. Smart** [csmart@bhprsd.org](mailto:csmart@bhprsd.org)

**Meets: First Friday of the month**

Students and staff meet to discuss the vegan and vegetarian lifestyle choice. Anyone interested in learning more about this eating choice is encouraged to attend our meetings. We are happy to provide information about how to make this lifestyle a healthy one.



## YEARBOOK CLUB

**Advisor: Mrs. Cohen** [mcohen@bhprsd.org](mailto:mcohen@bhprsd.org)

**Meets: A and C days during Mustang Time and Tues./Thurs. after school**

The purpose of the TRHS Yearbook Club is to record, organize and publish of all Triton's noteworthy activities throughout the school year for our yearbook, the *Tritonian*. Members are able to learn new skills in print media, as well as contribute their own creativity and Energy. Yearbook opportunities include photography, computer layout design, art, writing, and editing.



# ATHLETICS

## FALL:

Cheerleading—Ms. Parisi [aparisi@bhprsd.org](mailto:aparisi@bhprsd.org)



Cross Country



Boys- Mr. Pumphrey [kpumphrey@bhprsd.org](mailto:kpumphrey@bhprsd.org)

Girls- Ms. Curren [ccurren@bhprsd.org](mailto:ccurren@bhprsd.org)

Field Hockey—Ms. Burgo [gburgo@bhprsd.org](mailto:gburgo@bhprsd.org)



Football—Mr. Tomeo [dtomeo@bhprsd.org](mailto:dtomeo@bhprsd.org)

Soccer Boys—Mr. Ekstrom [bekstrom@bhprsd.org](mailto:bekstrom@bhprsd.org)

Girls—Ms. Spinuzza [dspinuzza@bhprsd.org](mailto:dspinuzza@bhprsd.org)



Tennis Girls—Mr. Foster [gfoster@bhprsd.org](mailto:gfoster@bhprsd.org)

Volleyball Girls—Mr. Richards [srichards@bhprsd.org](mailto:srichards@bhprsd.org)



## WINTER:



Basketball Boys- Mr. Canzanese [acanzanese@bhprsd.org](mailto:acanzanese@bhprsd.org)

Girls- Mr. Marciano [fmarciano@bhprsd.org](mailto:fmarciano@bhprsd.org)

Cheerleading- Ms. Parisi [aparisi@bhprsd.org](mailto:aparisi@bhprsd.org)



Swimming- Mr. Foster [gfoster@bhprsd.org](mailto:gfoster@bhprsd.org)

Wrestling- Mr. Barnett [jbarnett@bhprsd.org](mailto:jbarnett@bhprsd.org)



Track- Ms. Martorano [mmartorano@bhprsd.org](mailto:mmartorano@bhprsd.org)



**SPRING:**

**Baseball- Mr. Wankle** [rwankle@bhprsd.org](mailto:rwankle@bhprsd.org)



**Golf- Mr. Feighan** [jfeighan@bhprsd.org](mailto:jfeighan@bhprsd.org)

**Lacrosse Boys- Mr. Foster** [gfooster@bhprsd.org](mailto:gfooster@bhprsd.org)

**Girls- Mrs. Winch** [nwinch@bhprsd.org](mailto:nwinch@bhprsd.org)



**Softball- Mrs. Twardziak** [ktwardziak@bhprsd.org](mailto:ktwardziak@bhprsd.org)

**Tennis Boys- Mr. O'Neill** [boneill@bhprsd.org](mailto:boneill@bhprsd.org)



**Track Boys- Mr. Haubois** [ahaubois@bhprsd.org](mailto:ahaubois@bhprsd.org)

**Girls- Mr. Canzanese** [acanzanese@bhprsd.org](mailto:acanzanese@bhprsd.org)



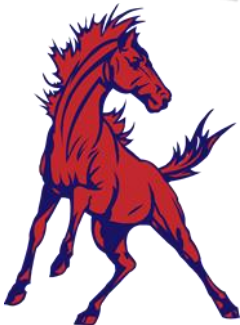
**Volleyball Boys- Mr. Richards** [srichards@bhprsd.org](mailto:srichards@bhprsd.org)



Activity buses are provided on  
Tuesday & Thursday at 4pm;  
Wednesday at 3:30



HAVE FUN!  
GET INVOLVED!



Go Mustangs!